

MENU SECTION		PRODUCT CONTAINS														PRODUCT SUITABLE FOR				
DISH	COMPONENTS/ INGREDIENTS	Egg / Egg Products	Fish / Fish Products	Crustaceans	Molluscs	Milk / Milk Products	Peanuts / Ground nuts or Products	Tree Nuts	Sesame	Soya Beans or Products	Gluten or gluten containing cereals	Lupin	Celery	Mustard	Sulphur dioxide	Vegetarians	Vegans	Lactose intolerance	Nut intolerance	Celiacs
		Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N	Y/N
Potato Salad																Y	N	Y	Y	Y
	Potato	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Red Onion	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Chives	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Salt	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Pepper	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Mayonaise	Y	N	N	N	N	N	N	N	N	N	N	N	Y	N					
Coleslaw																Y	Y	Y	Y	Y
	Cabbage	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Carrot	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Red Onion	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Mayonaise	Y	N	N	N	N	N	N	N	N	N	N	N	Y	N					
	Salt Pepper	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
Caribbean Rice Salad																Y	Y	Y	Y	Y
	Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Wild Rice	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Pineapple	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Mandarin	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Kidney Beans	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Salad Dressing	N	N	N	N	N	N	N	N	N	N	N	N	Y	N					
Italian Pasta																Y	N	N	N	N
	Pasta	N	N	N	N	N	N	N	N	N	Y	N	N	N	N					
	Red Onion	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Pine Nuts	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Pesto Alla Genovese	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	N					
Cous Cous																Y	Y	Y	Y	N
	Dried Cous Cous mix	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y					
	Red Pepper	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Yellow Pepper	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Cucumber	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
Tabbouleh																Y	Y	Y	Y	N
	Bulgar Wheat	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y					
	Parsley	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Mint	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Tomatoes	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Oil	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
Vegetarian Kebabs																Y	N	N	Y	Y
	Mushroom	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Cherry Tomato	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Red Pepper	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Corn on the cob	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Halumi Cheese	N	N	N	N	Y	N	N	N	N	N	N	N	N	N					
	Red Onion	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
Other Veggie / Vegan Options																				
	Vegetable Burger	N	N	N	N	Y	N	N	N	N	Y	N	N	Y	N	Y	N	N	Y	N
	Vegan Burger	N	N	N	N	N	N	N	N	Y	Y	N	N		Y	Y	Y	Y	Y	N
	Portabello Mushroom with butter	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	Y	N	N	Y	Y
Fish																				
	Salmon Parcel with lemon, butter & herbs	N	Y	N	N	Y	N	N	N	N	N	N	N	N	N	Y	N	N	Y	Y

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Stuffing																					
		N	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	Y	Y	Y	N	
Apple Sauce																					
		N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	Y	Y	
Bread Products*																					
		N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	
	Burger Bap	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N						
	Finger Roll	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N						
	Thick Cut Loaf	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N						
	French Plain	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N						
	French Sesame	N	N	N	N	N	Y	N	Y	N	Y	N	N	N	N						
	French Wholegrain	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N						
	French Poppy	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N						
Meat Selection																					
	Burnham Bangers (sausage)	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	Y						
	Beef Burger	N	N	N	N	Y	N	N	N	Y	Y	N	N	Y	Y						
	Gluten Free Beef Burgers	N	N	N	N	N	N	N	N	N	N	N	N	N	N						
	Pork & Apple Burger	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	Y						
	Grilled Minute Steak	N	N	N	N	N	N	N	N	N	N	N	N	N	N						
used with steak	Lea & Perrins Worcester Sauce	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N						
	Lemon Pepper Chicken	Y	N	N	N	Y	N	N	N	Y	Y	N	Y	Y	Y						
	Peppered Beef Kebabs	Y	N	N	N	Y	N	N	N	Y	Y	N	Y	Y	Y						
	Smoky BBQ Pork Kebabs	Y	N	N	N	Y	N	N	N	Y	Y	N	Y	Y	Y						
	Turkey Tikka Kebabs	Y	N	N	N	Y	N	N	N	Y	Y	N	Y	Y	Y						
	Whole Spit Roast Pig	N	N	N	N	N	N	N	N	N	N	N	N	N	N						
Paella																					
	Paella Mix	N	Y	Y	Y	N	N	N	N	N	N	N	N	N	N						
	Sunflower Oil	N	N	N	N	N	N	N	N	N	N	N	N	N	N						
	Chicken	N	N	N	N	N	N	N	N	N	N	N	N	N	N						
	Chorizo	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N						
	Prawns	N	N	Y	N	N	N	N	N	N	N	N	N	N	N						
	Squid	N	N	N	N	N	N	N	N	N	N	N	N	N	N						
	Octopus	N	N	N	Y	N	N	N	N	N	N	N	N	N	N						
	Fish	N	Y	N	N	N	N	N	N	N	N	N	N	N	N						
	Mussels	N	N	N	Y	N	N	N	N	N	N	N	N	N	N						
	Fish Bouillon	N	Y	N	N	N	N	N	N	N	N	N	Y	N	Y						

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Desserts																				
	Strawberries & Cream Cheesecake	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	Y	N	N	Y	N
	Chocolate Fudge Cake	Y	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N	Y	N
	Fruit Salad	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	Y	Y
	Carrot Cake	Y	N	N	N	Y	N	Y	N	N	N	N	N	N	N	Y	N	N	N	Y
	Biscoff Vanilla Cheesecake	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	Y	N	N	Y	N
	Cream	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	Y	N	N	Y	Y
	Raspberry Coul	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	Y	Y
Canapes																				
	Smoked Salmon and Dill Pinwheels	N	Y	N	N	Y	N	N	N	N	Y	N	N	Y	Y	Y	N	N	Y	N
	Cucumber and Prawn Whirl	N	N	Y	N	Y	N	N	N	N	N	N	N	Y	Y	Y	N	N	Y	Y
	Chicken Liver Parfait	Y	N	N	N	Y	N	N	N	N	Y	N	N	N	Y	N	N	N	Y	N
	Mediterranean Wrap	N	N	N	N	Y	N	N	N	N	Y	N	N	N	N	Y	N	N	Y	N
	Fetta Skewers	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	Y	N	N	Y	Y
	Crostini	N	N	N	N	Y	N	N	N	N	Y	N	N	N	N	Y	Y	N	Y	N
Sundries and Condiments																				
	Onions	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
on onions & steak	Lea & Perrins Worcester Sauce	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N					
	Burger Cheese	Y	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Haloumi Cheese	Y	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Butter Portions	Y	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Hamburger Relish	N	N	N	N	N	N	N	N	N	N	N	N	Y	N					
	Caramelised Red Onion Chutney	N	N	N	N	N	N	N	N	N	N	N	N	N	Y					
	Real Ale Chutney	N	N	N	N	N	N	N	N	N	Y	N	N	Y	N					
	Tomato Sauce	N	N	N	N	N	N	N	N	N	N	N	Y	N	N					
	Mustard	N	N	N	N	N	N	N	N	N	Y	N	N	Y	N					
	Hellmans Real Mayonnaise	Y	N	N	N	N	N	N	N	N	N	N	N	Y	N					
	Hellmans Classic Vinaigrette	N	N	N	N	N	N	N	N	N	N	N	N	Y	N					
	Sunflower oil	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Olive Oil	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
	Salt & Pepper	N	N	N	N	N	N	N	N	N	N	N	N	N	N					
Key:																				
* means that this product does not actually contain this allergen in its formulation, but the site where it is produced does handle ingredients containing this allergen and their risk assessment																				
Key allergy statements are highlighted in red																				